



St. Luke's Eastport

Suggestions for Donation to the Food Pantry: January 2024

Food

Cans of fruit (in fruit juices)
Bottles of fruit juice
Cans of soup (hearty) or stew
Boxes/packets of pasta or rice dinners
Cans of tuna, salmon, chicken
Dried beans – any type
Canned black beans, pork and beans, baked beans
Canned pasta meals such as Chef Boyardee
Boxed cereal
Boxed milk (shelf safe)
Pancake mix and syrup
Oatmeal

Other Items:

Toothpaste
Toothbrushes - individually wrapped (adult and children)
Bar soap – individually wrapped
Shampoo
Baby diapers (all sizes)
Baby wipes