

Suggested Food Donations: January 2023

Cans of fruit (in fruit juices)
Bottles of fruit juice
Cans of soup or stew
Boxed pasta
Spaghetti sauce
Boxes/packets of pasta or rice dinners
Cans of tuna; salmon or chicken
Dried beans
Peanut butter
Jelly
Boxed cereal
Boxed milk (shelf safe)
Pancake mix and syrup
Oatmeal

Other items:

Toothpaste (fluoride)
Toothbrushes - individually wrapped (adult - soft; children - soft) bar soap -
individually wrapped
Shampoo
Diapers (sizes 4, 5, 6)
Baby wipes